



Join SSP for an adventure at ...

The Five Senses Garden

(Harrisburg's Best Kept Secret)



Saturday, July 11th
Guided Tour begins at 1:00 p.m.
FREE! (Donations are gratefully accepted.)

A one-of-a-kind sensory experience started on the Capital Area Greenbelt in Harrisburg, Pennsylvania in 1996. The Five Senses Gardens has held its ground (and flowers & wildlife) despite torrential floods and environmental adversity with help from volunteers and the skillful hands of its groundskeepers. Like the butterflies drawn to the variety of plants in each of the gardens, visitors flock to The Gardens to experience the natural sensations, carefully cultivated to challenge the five senses.

An intense, personal connection with nature has prompted some visitors to utilize The Five Senses Gardens as a site for vow exchanges or as a final resting place for ashes of beloved family members.

The miracle of nature fosters a sense of peace and tranquility that has led to therapeutic relief and wonderment for all ages. The area includes gardens that will tantalize your sense of touch, smell, taste, sight and auditory. The gardens also feature a labyrinth.

The labyrinth has been used since ancient times as a mystical, life-enhancing tool. Walking the labyrinth can soothe your mind & soul or guide you on life's journey. As you walk the maze, pay close attention to your surroundings, the noises, the feel of the earth below your feet, your inner-most feelings.

For more information on The Five Sense Gardens, visit:
<http://www.caga.org/fivesenses/FIVESENSES.HTM>



Directions: From Harrisburg, take Interstate 83 North to Exit 45 (Paxtang Street, Harrisburg Mall). From the exit, go to the traffic light and turn left. Go straight to second traffic light, Mall Road and turn right. Go past the Dauphin County Prison on the right. At the stop sign, turn right. The Five Senses Gardens will be visible on the right as you cross the bridge over Spring Creek. The Five Senses Gardens entrance is 100 yards from the bridge. Free Greenbelt parking for the Gardens is available across Rt. 441 as designated by signs.

